

INTERNATIONAL STUDENT SUPPORT

Resources and information for international students seeking advice and support over the December 2020 to January 2021 holiday period.



General information and advice

Call 1800QSTUDY (1800 778 839)
1800QSTUDY is a 24/7 support hotline for international students in Queensland.

Contact your institution

Check your institution's student support team holiday opening hours.



General health advice and support

See your general practitioner (doctor)

Call the Multicultural Connect Line 1300 079020

A multilingual telephone helpline international students can call for support and information in-language; available 29-31 December 2020 during business hours (Monday to Friday, 9am to 4.30pm AEST). Please note the service is not available during weekends and public holidays.

Contact your overseas student health cover provider

- AHM 24/7 Student Health and Support Line 1800 006 745
- Allianz MyHealth App & 24/7 Emergency and Medical Assistance Helpline 1800 815 781
- Bupa 24/7 Student Health and Support Line 1300 884 235
- CBHS 24/7 Medical & Mental Health Navigator 1300 174 538
- Medibank Private 24/7 Medibank Student Health and Support Line 1800 887 283
- NIB Advice Line (business hours only) 1800 775 204



Specialist mental health support

Beyond Blue 24/7 support - 1300 22 4636
Lifeline 24/7 support - 13 11 14



Crisis mental health support

Emergency Services 000
Suicide Call Back Service 24/7 – 1300 659 467
Lifeline 24/7 Crisis Support – 13 11 14
1300 MH Call (1300 64 22 55)